

Dates		Monday	Tuesday	Wednesday	Thursday
17 April 8 May 29 May 19 June 21 August 11 September 2 October	Week one	Tray 1 Starter: Lentil Soup (v), Bread Roll OR Dessert: Fromage Frais	Tray 1 Starter: Babybel Cheese, Cucumber Sticks (v) OR Dessert: Peach Melba Cake, Custard	Tray 1 Starter: Tomato & Red Pepper Soup (v), Breadsticks OR Dessert: Fruit Jelly	Tray 1 Starter: Vegetable Samosas, Spicy Onion (v) OR Dessert: Vanilla Ice Cream
		Tray 2 Breaded Haddock, Chips, Peas	Roast Chicken, Yorkshire Pudding, Boiled Potato, Broccoli/Cauliflower	Pitta Bread filled with Chicken Tikka Strips, Coleslaw, Mixed Salad	Beef Hotpot, Mashed Potato, Carrot/Turnip
		Tray 3 Vegetarian Sausage Roll, Mashed Potato, Baked Beans (v)	Baked Potato, Quorn Mayonnaise, Green Salad (v)	Macaroni Cheese, Bread Roll, Fresh Tomato (v)	Vegetable Dhansak, Boiled Rice, Chapati, Green Beans (v)
		All trays Sandwich, Chicken, Tuna Mayo, Cucumber & Pineapple Salad	Tortilla Wrap, Cheese, Ham, Green Salad	Sandwich, Chicken, Egg Mayo, Mixed Salad	Finger Roll, Tuna Mayo, Cheese, Grated Carrot Salad
		Fruit Choice: Banana Drink: Milk or Water	Fruit Choice: Satsuma Drink: Milk or Water	Fruit Choice: Grapes Drink: Milk or Water	Fruit Choice: Melon Drink: Milk or Water
24 April 15 May 5 June 26 June 28 August 18 September 9 October	Week two	Tray 1 Starter: Lentil Soup (v), Bread Roll OR Dessert: Fromage Frais	Tray 1 Starter: Veg Spring Roll, Sweet Chilli Sauce (v) OR Dessert: Chocolate & Cinnamon Shortbread	Tray 1 Starter: Cream of Tomato Soup (v), Bread Roll OR Dessert: Fresh Strawberries	Tray 1 Starter: Cream Cracker, Laughing Cow (v) OR Dessert: Chocolate Ice Cream
		Tray 2 Chicken Link Sausage in Gravy, Mashed Potato, Cabbage	Roast Beef, Gravy, Yorkshire Pudding, Baby Potato, Broccoli/Cauliflower	Chicken Curry, Boiled Rice, Green Beans	Salmon Fillet, Boiled Potato, Peas
		Tray 3 Vegetable Chilli Taco Shells, Carrot, Apple & Sultana Salad (v)	Thai Vegetable Noodles, Roasted Vegetable Medley (v)	Baked Potato, Cheddar Cheese, Baked Beans, Tomato, Onion & Basil Salad (v)	Cheese & Tomato Pizza, Chips, Sweetcorn, Ketchup (v)
		All trays Sandwich, Chicken, Tuna Mayo, Carrot, Apple & Sultana Salad (v)	Tortilla Wrap, Cheese, Ham, Mixed Salad	Sandwich, Chicken, Egg Mayo, Tomato, Onion & Basil Salad	Finger Roll, Tuna Mayo, Cheese, Mixed Salad
		Fruit Choice: Banana Drink: Milk or Water	Fruit Choice: Satsuma Drink: Milk or Water	Fruit Choice: Grapes Drink: Milk or Water	Fruit Choice: Apple Drink: Milk or Water
1 May 22 May 12 June 14 August 4 September 25 September	Week three	Tray 1 Starter: Leek & Potato Soup (v), Bread Roll OR Dessert: Yoghurt	Tray 1 Starter: Mini Corn on the Cob (v) OR Dessert: Apple & Blueberry Sponge, Custard	Tray 1 Starter: Scotch Broth (v), Bread Roll OR Dessert: Fruit Jelly	Tray 1 Starter: Garlic Parsley Bites (v) OR Dessert: Tropical Fruit Salad
		Tray 2 Fish Goujons, Mashed Potato, Peas	Mince, Boiled Potato, Carrot	Sweet Chilli Chicken Fillet, Garlic Noodles, Mangetout	Steak Pie, Boiled Potato, Broccoli
		Tray 3 Pasta Bake, Garlic Bread, Sweetcorn (v)	Cheese & Tomato Pizza, Potato Wedges, Tomato, Onion & Basil Salad (v)	Hot Dog Roll, Quorn Frankfurter, Chips, Coleslaw (v)	Vegetable Sweet & Sour, Baked Potato (v)
		All trays Sandwich, Chicken, Tuna Mayo, Mixed Salad	Tortilla Wrap, Tuna Mayo, Cheese, Tomato, Onion & Basil Salad (v)	Sandwich, Chicken, Egg Mayo, Mixed Salad	Finger Roll, Tuna Mayo, Cheese, Green Salad
		Fruit Choice: Pear Drink: Milk or Water	Fruit Choice: Plum Drink: Milk or Water	Fruit Choice: Nectarine Drink: Milk or Water	Fruit Choice: Banana Drink: Milk or Water



On Fridays only packed lunches will be served.

Packed lunch will include:
Sandwich, Tuna Mayo, Ham or Cheese, Carrots, Cucumber Sticks, Fruit, Flapjack.

Fresh drinking water, fruit and bread will be on offer each day.

Easter - All Break 31st March
All resume 17th April

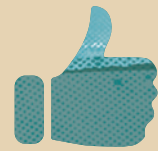
All break - 28th April
Public Holiday 1st May, In service 2nd May
Pupils resume 3rd May

Coronation Day 8th May

All break - 30th June
In service 14th August
Pupils resume 15th August

All break - 14th September
In service 19th September
Pupils resume 20th September

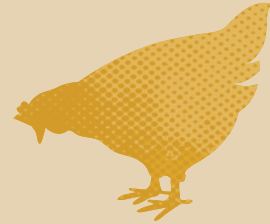
All break - 6th October



FREE FROM
CONTROVERSIAL
ADDITIVES

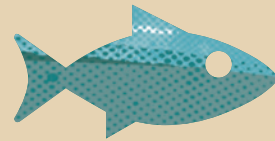
EVERY EGG IS A

**FREE
RANGE
EGG**



**FRESH
MILK**

FROM EAST KILBRIDE



SUSTAINABLE

WE NEVER USE FISH ON THE MARINE
CONSERVATION SOCIETY "FISH TO AVOID" LIST

**FRESH
FRUIT**

AVAILABLE DAILY

**SEASONAL
VEGETABLES**

FROM TRANENT, EAST LOTHIAN



Special Diets

Medically Prescribed Diets: Our focus is to meet a pupil's needs in terms of the 14 main allergens and ethnic/religious requirements.

If you have any concerns about your child's dietary needs, please contact your school who will be happy to discuss your requirements with you and the school Catering Team.

If your child needs a medically restricted diet please inform your child's school. We will require information regarding medical diets from your doctor or another medical authority.



Note: We offer a vegetarian menu choice **every day on Tray 2.** This is denoted by (v) on the menu.

**DID YOU
KNOW?**



All Primary 1 - 5 pupils are entitled to lunch free of charge!

You can now select menu options and make payments online for school meals at

www.westlothian.gov.uk/school-meals-menu



Facilities Management

As the internal providers of meals in West Lothian, we want to hear from you, good or bad, as your comments and feedback help us to improve our service.

You can email us at fmservices@westlothian.gov.uk

As part of Education Scotland Schools Inspections, catering is audited in line with "the whole school approach".

School meals are analysed against Scottish Government food and nutritional guidelines.



For further information please visit:

<http://www.gov.scot/Topics/Education/Schools/HLivi/schoolmeals>



westlothian.gov.uk

